

# SUPERCARGE YOUR PERSONAL GROWTH IN 2020 & BEYOND

January 23, 2020, Thursday, 9:00 AM to 2:00 PM EST

1-23 2020 #SuperchargePersonalGrowth

## Agenda



Location: Comfort of your home or office

1:1 Networking Room and Expo (Event Booths) are open from 9:00 am to 2:00 pm Eastern Standard Time

Your device must have a video-camera enabled if you plan to take part in the Breakout Sessions and participate in the 1:1 speed networking live chats

You don't need to enable your video-camera if you choose to watch the Breakout Sessions

TIME	EVENT NAME	LOCATION
9:00 AM	<b>REGISTRATION/1:1 SPEED NETWORKING</b>	<b>NETWORKING</b>
9:30 AM	  <b>WELCOME/OPENING</b> <b>The Fiedlers</b> (Event Organizers)	<b>MAIN STAGE</b>
	<b>SUPERCARGE SPEECHES</b>	<b>MAIN STAGE</b>
9:35 AM	 <b>GROW YOUR IMPACT IN THE NEW YEAR</b> <b>Dr. Linda Ferguson</b> (NLP Canada Training Inc.)	
9:50 AM	 <b>SHIFTING PERSPECTIVES ON EXERCISE AND NUTRITION</b> <b>Teresa Ryce</b> (Teresa Ryce Coaching)	
10:05 AM	 <b>STOP THINKING AND TAKE THE NEXT STEP</b> <b>Beth Fiedler</b> (Author/Self-Publisher)	
10:20 AM	<b>SUPERCARGE BREAKOUT SESSIONS I</b>	<b>SESSIONS</b>
	 <b>DEVELOP YOUR CONFIDENCE AND GET RESULTS</b> Moderated by <b>Dr. Linda Ferguson</b>	
	 <b>DISCUSS YOUR EXPERIENCES ON EXERCISES AND NUTRITION, HOW TO MAKE THEM AN INTEGRAL PART OF YOUR DAILY LIVING</b> Moderated by <b>Teresa Ryce</b>	
	 <b>NETWORKING STRATEGIES FOR MEETING PEOPLE</b> Moderated by <b>Diane Darling</b> (Diane Darling)	
	<b>SUPERCARGE SPEECHES (Continued)</b>	<b>MAIN STAGE</b>
10:40 AM	 <b>KEYNOTE SPEECH: THE DISRUPTION MINDSET</b> <b>Charlene Li</b> (Founder & Senior Fellow at Altimeter)	
11:05 AM	 <b>MORE SUCCESS WITH LESS EFFORT; THE SYNTAX OF INFLUENCE OVERVIEW</b> <b>Melissa DeLuca</b> (DeLuca & Willow)	
11:25 AM	 <b>IMPOSTER SYNDROME: DEALING WITH YOUR FEAR GREMLINS</b> <b>Em Ducharme</b> (Em Ducharme Consulting)	
11:45 AM	<b>SUPERCARGE BREAKOUT SESSIONS II</b>	<b>SESSIONS</b>
	 <b>TRANSFORMATION@WORK; WHAT'S MOST IMPORTANT TO YOU IN A CAREER?</b> Moderated by <b>Melissa DeLuca</b>	
	 <b>THE IMPORTANCE OF ROUTINES FOR PEAK PERFORMANCE</b> Moderated by <b>Em Ducharme</b>	
	 <b>DISCUSS HOLISTIC HEALTH: ALIGNING MIND, BODY AND SOUL</b> Moderated by <b>Jen Gagnon</b> (Whole Health With Jen)	
12:05 PM	<b>FIRESIDE CHAT</b>	<b>MAIN STAGE</b>
	 <b>FIRESIDE CHAT WITH FEATURED SPEAKERS</b> <b>Beth Fiedler</b> (Emcee)	
	   	
12:25 PM	  <b>THANK YOU/CLOSING</b> <b>The Fiedlers</b>	<b>MAIN STAGE</b>
12:30 PM	<b>1:1 SPEED NETWORKING/EXPO</b>	<b>NETWORKING/EXPO</b>

Note: Conference agenda subject to change without prior notice

Want to sponsor our next event, rent an event booth, interested to be our featured speaker, need help to organize a virtual conference?

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